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Alexios Arvanitis is an Associate Professor of Social Psychology at the University of Crete. He holds a PhD in Social Psychology from Panteion University and conducted postdoctoral research at the University of Rochester under the supervision of Professor Edward Deci, co-founder of Self-Determination Theory.

His research focuses on motivation, social exchange, negotiation, morality, and positive organizational behavior through the lens of Self-Determination Theory. He has published extensively in leading international journals such as *Nature Human Behaviour*, *Psychology of Violence*, *Motivation Science*, and the *Journal of Moral Education*.

He has participated in European research projects (Erasmus+ KA2) and serves on the editorial boards of *Humanities and Social Sciences Communications* (Springer Nature) and *European Journal of Psychology Open* (Hogrefe). He has also co-edited Greek translations of major psychology textbooks and contributes regularly to the Greek and international press.